

ADVICE ON VULVA CARE

There are many ways you can help to keep your vulva skin healthy.

The vulvar skin can be quite sensitive and can be irritated by moisture or friction that may occur during day to day activities.

Try to avoid self-diagnosis and treatment. Itching and burning could actually be due to something else.

Many products over the counter have irritating substances in them or may inhibit the symptoms and signs when you see your doctors.

If you have a concern :

During Business Hours:
Contact WHC - 5594 9496

After Hours or Emergency:
Your nearest emergency department



CONTACT US



OBSTETRICIAN AND GYNAECOLOGIST
GYNAECOLOGY ENDOSCOPIC SURGEON

Women's Health Centre Gold Coast
Gold Coast Private Hospital
Suite 18, level 1, 14 Hill Street
Southport QLD 4215

reception@thewomenshealthcentre.com
P: 5594 9496 | F: 5594 9102

VULVA CARE

HOW CAN I STAY HEALTHY
DOWN THERE?

goldcoastwomenscare.com.au